

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION 1

Caribbean Butterbean
stew & Rice



Creamy Chickpea &
Coconut Curry with Rice



Soya cottage pie



Mac & Cheese



Lentil Burger & Chips



OPTION 2

BBQ Quorn & New potato



Chef James Chicken
Jollof Rice



Roast Chicken Roast
Potatoes & Gravy



Beef lasagne



Tuna Pasta Bake



DESSERT

Yogurt & Fruit



Apple Flapjack



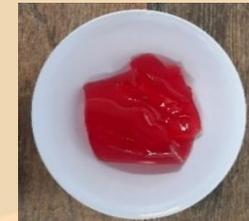
Peach & Carrot Cake



Yogurt & Fruit



Strawberry Jelly with
Peaches & Mandarins



*VEGETABLES AND SIDES MAY DIFFER THAN THOSE SHOWN

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OPTION 1

Chef Mariams Vegetable
Bean Couscous



Chickpea & vegetable
Biryani



Quorn and Black bean
Fajitas & Rice



Beetroot ,butternut and lentil
wellington & mashed potato



Cheese and Tomato
Quiche with Chips

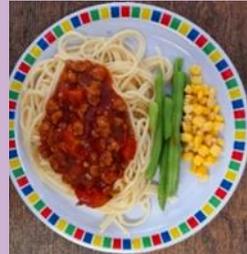


OPTION 2

Soya Mince Mexican Chilli
& Rice



Beef bolognese with
spaghetti



Roast turkey with Stuffing,
Roast Potatoes and Gravy



Caribbean Chicken Curry &
Rice



Breaded Fish with Chips
& Tomato Sauce



DESSERT

Peach and Strawberry
Crumble



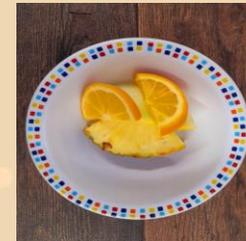
Yogurt & Fruit



Mandarin and Chocolate



Yogurt & Fruit



Lemon Shortbread



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OPTION 1

Lentil & Sweet Potato Curry & Rice



New Turkish Kofta with lemon and herb couscous



Rainbow Pizza & Pasta Salad



Chinese Vegetable Noodles



Lentil & Basil Whirl



OPTION 2

Tomato, Lentil and vegetable pasta



Beef Burger



Chicken Tikka Masala With Whole meal Rice



Peri Peri Chicken with New Potatoes



Salmon Fishfingers & Chips



DESSERT

Savoury Cheese & Courgette Scone



Yogurt & Fruit



Apple & Pear Crumble & Custard



Pineapple upside down cake



Yogurt & Fruit



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