

'Life to the Full' Whole School Curriculum Map for Relationships & Sex Education

Core Module	Module 1: Created and Loved by God (Summer Term)				Module 2: Created to Love Others (Autumn Term)			Module 3: Created to Live in Community (Spring Term)	
Topic	Religious Understanding	Me, my body, my health	Emotional Wellbeing	Life Cycles	Religious Understanding	Personal Relationships	Keeping Safe	Religious Understanding	Living in the Wider World
KS1 (Year 1 and Year 2)	Story Sessions: Handmade with Love (Kester's Adventures)	Session 1: I am Unique	Session 1: Feelings – Likes and Dislikes	Session 1: The Cycle of Life	Session 1: God Loves You	Session 1: Special People	Session 1: Being Safe	Session 1: Trinity House	Session 1: The Communities We Live In Session 2: Who Is My Neighbour?
		Session 2: Girls and Boys	Session 2: Feelings – Inside and Out			Session 2: Treat Others Well	Session 2: Good Secrets and Bad Secrets	Session 3: Physical Contact	
		Session 3: Clean and Healthy	Session 3: Super Susie Gets Angry			Session 3: ...and Say Sorry			
Lower KS2 (Year 3 and Year 4)	Story Sessions: Designed for a Purpose (Kester's Adventures)	Session 1: We Don't Have to Be the Same	Session 1: What Am I Feeling?	Session 1: Life Cycles (Year 4 only - optional)	Story Sessions: Jesus, My Friend	Session 1: Friends, Family and Others	Session 1: Sharing Online	Session 1: Trinity House	Session 1: How Do I Love Others?
		Session 2: Respecting Our Bodies	Session 2: What Am I Looking At?			Session 2: When Things Feel Bad	Session 2: Chatting Online		
		Session 3: What Is Puberty? (Year 4 only - optional)	Session 3: I Am Thankful			Session 3: When Things Change	Session 3: Physical Contact	Session 2: What Is the Church?	
	Session 1: Sacraments	Session 4: Changing Bodies (Year 4 only - optional)							
Upper KS2 (Year 5 and Year 6)	Story Sessions: Made to Grow (Kester's Adventures)	Session 1: Gifts and Talents	Session 1: Body Image	Session 1: Making Babies	Session 1: Is God Calling You?	Session 1: Under Pressure	Session 1: Sharing Online	Session 1: Trinity House	Session 1: Reaching Out
		Session 2: Girls Bodies	Session 2: Peculiar Feelings	Session 2: Making Babies (Year 6 only - optional)		Session 2: Do You Want a Piece of Cake?	Session 2: Chatting Online		
		Session 3: Boys Bodies	Session 3: Emotional Changes	Session 3: Menstruation (Year 6 only - optional)		Session 3: Self-Talk	Session 3: Physical Contact	Session 2: Catholic Social Teaching	
		Session 4: Spots and Sleep	Session 4: Seeing Stuff Online						